

♫ CARING AND CAPABLE KIDS ♫

52 Songs for

♣ **Social Emotional Learning** ♣ **Music Therapy** and **Developing Resilience** ♣ **Empathy** and a ♣ **Trauma - Informed / Responsive Lens** with **Bonus Resources** available via **hyperlinks**

"Think and Share Invitations" for each song are offered as springboards for

♣ **Restorative / Community Building Circles** ♣ **Writing / Journaling** ♣ **Pair and Share**, etc.

PLEASE ALSO CONSIDER engaging in Visual and Performing Arts inspired by the Lyrics

~ draw ~ paint ~ dance ~ mindful movement ~ hand motions ~ write additional lyrics, skits ~ and more

All materials are compliments of Linda K. Williams Feb. 2021

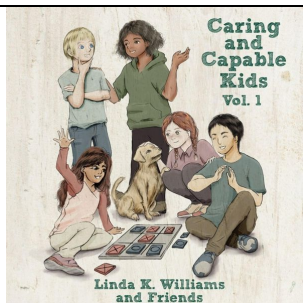
Linda.BetterWorld@gmail.com BetterWorld-Resources.com

Bio and connections with Common Core Standards available at this link.

INSERT LINK

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JUST RELEASED! ♣ **"YOU ARE A MARVEL" Special Single** ♣ Please see next page for links.



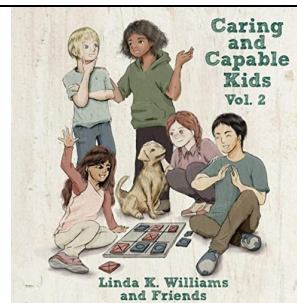
Caring and Capable Kids, V. 1 - Links to the Full Album

YouTube https://www.youtube.com/playlist?list=OLAK5uy_m_p-QmR0_-1yXmWXjsan2GiLAqKcLNku0

Amazon.com https://www.amazon.com/Caring-Capable-Kids-Vol-1/dp/B08H4NGZNX/ref=sr_1_46?dchild=1&keywords=%22Linda+K.+Williams%22+music&qid=1606279014&sr=8-46

Link to Song Recordings, Lyrics, Think and Share Invitations, and Bonus Resources -- Zoom-Friendly

<https://lkwbetterworld.files.wordpress.com/2020/12/1-cck-zoom-friendly-songs-and-resources-12-1-20.pdf>



Caring and Capable Kids, V2 - Links to the Full Album

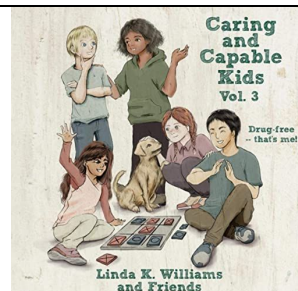
YouTube

https://www.youtube.com/playlist?list=OLAK5uy_kw6aTs5dEm_UxrS59m1RBnyW8zCDMLZ7E

Amazon.com <https://www.amazon.com/Caring-Capable-Kids-Vol-2/dp/B08H4JH4M7>

Link to Song Recordings, Lyrics, Think and Share Invitations, and Bonus Resources -- Zoom-Friendly

<https://lkwbetterworld.files.wordpress.com/2020/12/2-cck-zoom-friendly-songs-and-resources-12-1-20.pdf>



Caring and Capable Kids, V. 3: Drug-Free -- That's Me!

Links to the Full Album

YouTube

https://www.youtube.com/watch?v=KHAFJO2yYr4&list=OLAK5uy_n91E_DqkTNymCR-QO88CJmwlvih2Cu-OP4

Amazon.com https://www.amazon.com/Caring-Capable-Kids-Vol-Drug-Free/dp/B08H4HGKTX/ref=sr_1_3?dchild=1&keywords=linda+k.+williams+s+caring+and+capable+kids+digital+music&qid=1606238683&sr=8-3

Link to Song Recordings, Lyrics, Think and Share Invitations, and Bonus Resources -- Zoom-Friendly

<https://lkwbetterworld.files.wordpress.com/2020/12/3-cck-zoom-friendly-songs-and-resources-12-1-20-1.pdf>



Caring and Sharing - Links to the Full Album

YouTube

https://www.youtube.com/playlist?list=OLAK5uy_nJfi5rDvfszvD_4qkR_SSEnpxhGqcy5NDc

Amazon.com https://www.amazon.com/Caring-Sharing-Linda-K-Williams/dp/B08L7FC3MY/ref=sr_1_1?dchild=1&keywords=Linda+K.+Williams&qid=1606085768&s=dmusic&sr=1-1

Link to Song Recordings, Lyrics, Think and Share Invitations, and Bonus Resources -- Zoom-Friendly

<https://lkwbetterworld.files.wordpress.com/2020/12/csh-zoom-friendly-12-1-20.pdf>

Caring and Capable Kids book available for purchase:

INNERCHOICE Publishing <https://www.innerchoicepublishing.com/book/caring-and-capable-kids/>

♣ For 7 of the Most-Requested Songs, Think and Share Invitations, and Bonus Resources, please follow this link:

UPDATE W. MARVEL <https://lkwbetterworld.files.wordpress.com/2020/12/caring-and-capable-kids-6-sample-songs-of-51-12-4-20.pdf>

◆ For 11 Songs for English Language Learners -- and/or Younger Students -- please follow this link:

CREATE AND INSERT HYPERLINK HERE

♪ Caring and Capable Kids, Vol. 1 ♪

1. [Handle with Care](#) (4:09) + Bonus Resources -ADD ALL!!
2. [Another Word for PEOPLE](#) (2:00) + Bonus Resources
3. [No One is a Nobody](#) (2:42) + Bonus Resources
4. [Ripples and Starfish: a Song of Hope and Empowerment](#) (3:52) + Bonus Resources
5. ♣ ◆ [Who I Am Makes a Difference](#) (1:46) + Bonus Resources
6. ♣ ◆ [If You're Angry & You Know It](#) (2:14) + ADDITIONAL Bonus Resources
7. [I Can Say "No" When I Want To](#) (2:43)
8. [What Should I Do?](#) (3:03)
9. [The Children of Tomorrow](#) (5:36)
10. ♣ [Eyes of Compassion: A Trauma-Informed Lens Song](#) (1:33) + ADDITIONAL Bonus Resources
11. [Ojos de Compasión: Una Canción de Visión Informada por Trauma](#) (1:36) + + ADDITIONAL Bonus Resource

Songs by Linda K. Williams

Link to Song Recordings, Lyrics, Think and Share Invitations, and Bonus Resources -- Zoom-Friendly

<https://lkwbetterworld.files.wordpress.com/2020/12/1-cck-zoom-friendly-songs-and-resources-12-1-20.pdf> RE-DO LINK W. NEW RESOURCES!

♪ Caring and Capable Kids, Vol. 2 ♪

1. ◆ [Connected, Unique, and Powerful](#) (2:22) + Bonus Resources
2. [I've Got to Love Myself Enough](#) (3:23)
3. ◆ [You'll Really Like Me](#) (1:20) + Bonus Resource
4. [I'll Picture Myself Succeeding](#) (2:39)
5. ♣ [It's OK to Feel](#) (2:14) + ADDITIONAL Bonus Resources
6. [I've Got to Talk to Them](#) (3:01) + Bonus Resources
7. [I'll Stand Up for Myself](#) (2:06)
8. [I'll Listen](#) (2:56) + Bonus Resources
9. [It's Us Against the Problem, Not Me Against You](#) (2:46) + Bonus Resources
10. [Cooperative Learning Song](#) (1:36)
11. [The First One to Know](#) (1:51)
12. [What if That Were Me?](#) (1:48) + Bonus Resources
13. [Tony and I](#) (3:29)
14. [One Person at a Time](#) (2:56) + Bonus Resources

Songs by Linda K. Williams and Friends

Link to Song Recordings, Lyrics, Think and Share Invitations, and Bonus Resources -- Zoom-Friendly

<https://lkwbetterworld.files.wordpress.com/2020/12/2-cck-zoom-friendly-songs-and-resources-12-1-20.pdf> RE-DO LINK W. NEW RESOURCES!

♪ Caring and Capable Kids, Vol. 3 ♪

1. [Drug-Free...That's Me!](#) (3:02)
2. [There are So Many Ways to Say NO](#) (3:02)
3. ◆ [To Be the Best Me](#) (3:51) + Bonus Resources
4. [Low-Down High](#) (2:45)
5. [Real Life Doesn't Have a Rewind Button](#) (3:02)
6. [Burnin' Up](#) (3:05)
7. [Drive Smart, Drive Sober](#) (4:12)
8. [Hot Brands](#) (3:06)
9. [I Deserve Better \(Gonna Get Unstuck\)](#) (5:01)
10. ♣ ◆ [Lemons into Lemonade](#) (2:54) + Additional Bonus Resources
11. [Little Bits of Beauty](#) (5:30)

Songs by Linda K. Williams

Link to Song Recordings, Lyrics, Think and Share Invitations, and Bonus Resources -- Zoom-Friendly

<https://lkwbetterworld.files.wordpress.com/2020/12/3-cck-zoom-friendly-songs-and-resources-12-1-20-1.pdf> RE-DO LINK W. NEW RESOURCES!

♣ NEW Special Single: "You are a Marvel" ♣
+ Bonus Resources CREATE & INSERT LINK REC./ LYRICS

More songs for ♪ Caring and Sharing ♪

1. ♣ [Little by Little](#) (2:00) + NEW Bonus Resources
2. ◆ [Self-Talk](#) (2:33) + Bonus Resources
3. ◆ [A Friend in Need](#) (2:02) + Bonus Resources
4. [We're "Can-Do!" Kids, and We Care](#) (2:00)
5. [I'm Dealing with my Feelings](#) (2:50) + Additional Bonus Resources
6. ◆ [I Like Myself](#) (1:15) + Bonus Resources
7. ◆ [Say it! Do it!](#) (0:57) + Bonus Resources
8. ◆ [The Golden Rule Song](#) (1:10) + Bonus Resources
9. [How Was Your Day Today?](#) (1:20) + Bonus Resources
10. [No One's Perfect](#) (2:10)
11. [I Still Love You](#) (1:50) + Bonus Resources
12. [Thank You, Chester](#) (3:46)
13. [Every Child Saved](#) (3:49)
14. [When Will I Hug You Again?](#) (3:33) + Bonus Resource: video
15. [Friendly Night](#) (4:45)

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