

WELCOME to ♪ CARING AND CAPABLE KIDS! ♪

52 Complimentary Songs and Bonus Resources for
♣ **Social Emotional Learning** ♣ **Music Therapy**
and developing ♣ **Resilience** ♣ **Empathy** and a
♣ **Trauma-Informed / Responsive Lens**

"Think and Share Invitations" for each song are offered as springboards for
♣ **Restorative / Community Building Circles** ♣ **Writing / Journaling**
♣ **Pair and Share, etc.**

PLEASE ALSO CONSIDER engaging in Visual and Performing Arts inspired by the Lyrics
~ draw ~ paint ~ dance ~ mindful movement ~ hand motions ~ write additional lyrics, skits ~ and more

Links to all Songs, Think and Share Invitations, and Bonus Resources are available here:
CaringandCapableKids.com

PLEASE NOTE: In addition to the goals above, academic learning outcomes found in the Common Core Standards can be taught and/or assessed by teachers through the following activities:

- **Listening** skills: effective listening to the song lyrics and to other students' reflections on the lyrics
- **Speaking** skills: responding orally to the **Think and Share Invitations** with clarity and completeness in group discussions
- **Reading** skills: ability to read the lyrics independently, and demonstrate comprehension of what is read
- **Writing** skills: responding in writing to the **Think and Share Invitations** with clarity and completeness
- **Feelings Words Vocabulary Expansion**

California Common Core Standards are available at [this link: http://www.cde.ca.gov/re/cc/](http://www.cde.ca.gov/re/cc/) All other states' Standards are available online.

About the Composer / Author Linda K. Williams, M.A.Ed.



Linda with students Devin and Nikki

Linda taught at the Elementary level 1973-2013. During that time, she held a variety of teaching positions which focused upon her background and expertise in:

- English Language Learners
- Reading skills—especially Emergent/Beginning
- Intervention strategies for at-risk students
- Music (Prep-Time and Guitar)
- Bilingual Cross-Cultural Specialist Credential
- Assessment of Language Skills (English/ Spanish)
- Drug-Abuse Prevention
- Integration and Race / Human-Relations Skills
- Reading Recovery Teacher (both in English and Spanish)

Linda has also worked for years in a number of ways in the community to help promote Restorative Practices and Justice, and the use of a Trauma-Informed / Responsive Lens in schools, such as assisting with the Peace Promotion Momentum Team's School Climate Bill of Rights, and serving on the Steering Committee of the Restorative Community Conferencing Pilot Project.

Linda has written songs which have served to uplift and encourage her students and others, and she is now offering those songs to you, along with Restorative, Trauma-Informed / Responsive **"Think and Share Invitations"** and numerous other Bonus Resources for use by teachers, counselors, parents, and other care-givers of children and youth. For enthusiastic words from students, caregivers, and others who have experienced the value of her songs, please see [this link: https://lkwbetterworld.files.wordpress.com/2021/02/enthusiastic-words-to-include-as-hyperlink-in-welcome-doc-2-24-21.pdf](https://lkwbetterworld.files.wordpress.com/2021/02/enthusiastic-words-to-include-as-hyperlink-in-welcome-doc-2-24-21.pdf)

Linda is noted for many publications and curriculum writing activities, and has authored/ co-authored a number of resources for teaching pro-social skills, including **Compassionate Comprehension with the Common Core**.
<https://lkwbetterworld.files.wordpress.com/2021/02/compassionate-comprehension-w-the-common-core-8-p-master-doc-7-9-17.pdf>
She has presented at numerous local, regional, and national conferences. For information about Linda's publications and presentations, please click here. <https://lkwbetterworld.files.wordpress.com/2017/06/lkw-bio-info-re-publications-and-presentations.pdf>

Linda K. Williams April 2021 Linda.BetterWorld@gmail.com CaringandCapableKids.com

**MANY BONUS RESOURCES ARE OFFERED
TO SUPPORT YOUR ENJOYMENT AND USE OF THE**

♪ 52 CARING AND CAPABLE KIDS Songs ♪

All Resources below are found at this link: [CaringandCapableKids.com](https://www.CaringandCapableKids.com)

- ① **Each of the 52 songs is accompanied by 2 or more THINK AND SHARE INVITATIONS which can be used as springboards for**
 - ♣ **Restorative / Community Building Circles** ♣ **Writing/ Journaling** ♣ **Pair and Share, etc.** found on each album's link for Zoom-friendly lyrics, YouTube recordings, and resources:
 - [Caring and Capable Kids, Vol. 1](https://lkwbetterworld.files.wordpress.com/2021/04/4-28-21-2a-1-cck-zoom-friendly-songs-and-resources.pdf)
<https://lkwbetterworld.files.wordpress.com/2021/04/4-28-21-2a-1-cck-zoom-friendly-songs-and-resources.pdf>
 - [Caring and Capable Kids, Vol. 2](https://lkwbetterworld.files.wordpress.com/2021/04/4-28-21-2b-2-cck-zoom-friendly-songs-and-resources-w.-icons.pdf)
<https://lkwbetterworld.files.wordpress.com/2021/04/4-28-21-2b-2-cck-zoom-friendly-songs-and-resources-w.-icons.pdf>
 - [Caring and Capable Kids, Vol. 3: Drug-Free, That's Me!](https://lkwbetterworld.files.wordpress.com/2021/04/4-28-21-2c-3-cck-zoom-friendly-songs-and-resources-w.-icons.pdf)
<https://lkwbetterworld.files.wordpress.com/2021/04/4-28-21-2c-3-cck-zoom-friendly-songs-and-resources-w.-icons.pdf>
 - [Caring and Sharing](https://lkwbetterworld.files.wordpress.com/2021/04/4-28-21-2d-csh-zoom-friendly-w.-icons.pdf)
<https://lkwbetterworld.files.wordpress.com/2021/04/4-28-21-2d-csh-zoom-friendly-w.-icons.pdf>
- ② **✓ 7 MOST-REQUESTED SONGS/ SAMPLE SONGS**
A user-friendly way to explore what CARING AND CAPABLE KIDS has to offer
<https://lkwbetterworld.files.wordpress.com/2021/04/4-28-21-2e-7-most-requested-songs-of-52-caring-and-capable-kids.pdf>
- ③ **◆ 11 Selected Songs-- plus resources -- to support ENGLISH LANGUAGE LEARNERS and/or Younger Students**
<https://lkwbetterworld.files.wordpress.com/2021/04/4-25-21-2f-11-ell-songs-and-or-younger-students-from-caring-and-capable-kids-4-albums.pdf>
- ④ **☆ DEALING WITH FEELINGS... especially in these challenging times!**
GREATLY EXPANDED WITH MANY MORE RESOURCES -- APRIL 2021
<https://lkwbetterworld.files.wordpress.com/2021/04/4-25-21-2g-dealing-with-feelings-greatly-expanded.pdf>
- ⑤ **♥ BONUS RESOURCES FOR PROMOTING EMPATHY AND COMPASSION**
<https://lkwbetterworld.files.wordpress.com/2021/04/4-25-21-2h-empathy-compassion-bonus-ress.pdf>
- ⑥ **☮ Songs connected with 5 Reproducible stories from the book Chicken Soup for the Soul: Stories for a Better World**
<https://lkwbetterworld.files.wordpress.com/2021/04/4-28-21-2i-csbw-5-sample-stories-w.-songs-and-list-of-others.pdf>
- ⑦ *** NEW RELEASE: APRIL 2021**
SPECIAL SINGLE SONG "You are a Marvel" -- words by Pablo Casals
WITH ACCOMPANYING BONUS RESOURCES
<https://lkwbetterworld.files.wordpress.com/2021/04/4-28-21-2j-marvel-w.-bandcamp-link-zoom-friendly-with-frames-in-doc.pdf>